

ÖSTRA TUNHEM

Organic crispbread baked with love - with locally produced raw ingredients.

Our crispbread is not only good to eat. It's nice to give away too!

Knäck & Bräck is a family business that started in the autumn of 2008 by Annalena Brage in Östra Tunhem, a small village located about one miles north of Falköping, Sweden. Today, Annalena runs the company with Niclas Geidvall. The staff in our wonderful bakery team is between 25-76 years old and rolls, bakes and packs crispbread and crusts every day.

We bake organically

We are organically certified and bake with organically grown, ancient cereals such as spelt and old-fashioned rye. The ancient grains contain more minerals and essential nutrients, have a lower GI and give more flavor. A cultural heritage that is important to nurture in the future!

Different flavors and shapes

Tastes and shapes are inspired by Swedish traditions and we want our crispbread to provide an experience for all the senses, even the visual. That's why we like to bake our crispbread in different och creative shapes.

Proud Swedish rural company

We are very proud to be a Swedish rural company that have the opportunity to tell about our Swedish farmers' own raw ingredients. Without our wonderful flour, there will be no crispbread!

From Östra Tunhem to the world

We have been entrusted with delivering our crispbread to our Swedish Royal House on Drottningholm and also to Harrods Delicatessen Department in London. We are also proud to be part of the fixed range at Globus, Zurich. Today, our crispbread and our crusts are sent from north to south in our elongated country, to our nearby Nordic countries and also to Europe. We never dared to dream about that when the first Lingonberry Moose were taken out of the oven in 2008 in Östra Tunhem!

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See our entire range at knackobrack.se. Here are some samples:



Apple Crispbread 170 g



Blueberry Chrispbread 170 g



Dinkel Chrispbread 170 g



Friday Chill Chrispbread 200 g



Lingonberry Chrispbread 150g/170g



Saturday Joy 200 g



Pick and mix!

Our crispbread is also delivered as pick-and-mix (5 kg/carton). Pick-and-mix are available as squares, flats or punched figures in the shape of hearts, moose or pigs.





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Knäck & Bräck is a trademark of high quality crispbread, baked on ancient grains.

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